



REASSURE
HEALTH
SCREENING

INVEST IN YOUR HEALTH

HCAHealthcare uk

About reAssure

What is reAssure?

reAssure is a leading health screening range, created by HCA Healthcare UK.

Each reAssure health screen is led by an experienced GP and can be tailored to your personal health needs. Your screen will focus on key health issues, from optimising fitness to cancer and cardiovascular disease. You can also tailor your screen to include age specific and male or female-specific tests, as well as choose detailed genetic tests and ongoing lifestyle coaching sessions.



of patients said they were likely to make lifestyle changes following the advice given in their health screen in 2021*.

*Taken from a sample of 2,382 HCA UK patients

Why choose reAssure?

- You can choose from four comprehensive levels of health screen to suit your needs.
- If further medical support is needed from a specialist consultant, we can refer you quickly to the most appropriate person.



of patients would recommend HCA UK to their friends and family.



of our hospitals* are rated 'Outstanding' or 'Good' by the Care Quality Commission (CQC).

- You will be provided with your own personalised screening report.
- Your report will contain expert advice on lifestyle and practical tips for how to improve your long-term health.

*Hospitals inspected as of 31 August 2017









Why should I get screened?

Health and wellbeing is really important to us all. With reAssure you will have a snapshot of your health, which will allow you to make positive decisions and more informed lifestyle choices.

Together with your experienced screening doctor, you can discuss personal concerns and health risk factors in detail at your appointment.

You can add bespoke tests to your health screen with Advanced screening. To find out more, ask your screening doctor, who will be happy to provide further information.

Which health screen should I choose?

Level I	Level II	Level III	Level IV
 <p>Includes 33 tests and a full physical examination.</p>	 <p>Includes 39 tests, a full physical examination and an assessment of key health indicators.</p>	 <p>Includes 43 tests, a full physical examination and an assessment of your key health indicators and hereditary health risks.</p>	 <p>Includes 45 tests, a full physical examination, genetic testing and a lifestyle coaching package.</p>
 <p>Minimum of 30 minutes with a GP.</p>	 <p>Minimum of 45 minutes with a GP.</p>	 <p>Minimum of 60 minutes with a GP.</p>	 <p>Minimum of 120 minutes with a GP.</p>
ReAssure I	ReAssure II	ReAssure III	ReAssure IV

To book an appointment

E: appointments@hcaprimarycare.co.uk

T: 034 5437 0691 (option 2)

Sections	Medical Tests	reAssure I		reAssure II	reAssure III	reAssure IV
		In-clinic	At-home	In-clinic	In-clinic	In-clinic
Genetic testing and lifestyle coaching	Choose from one of the following tests:					★
	Hereditary cancer test					
	DNAFit – genetic fitness and nutrition test (once only genetic test) A four-session tailored coaching programme will be recommended based on your results					
Fitness and cardiovascular health	Advanced cardiac risk assessment: Triple Pulse Wave Velocity (PWV) assessment for arterial stiffness				●	●
	Core stability assessment with spinal mouse				●	●
	Lung function			●	●	●
	Resting ECG (electrocardiogram)			●	●	●
Male specific	Prostate cancer blood test (PSA), if clinically indicated, over age 45			●	●	●
	Testicular examination	●		●	●	●
	Self testicular examination		●			
Age specific	Personal advanced screening roadmap	●	●	●	●	●
	qFIT Bowel Cancer screening, aged over 50			●	●	●
Female specific*	Pelvic examination	●		●	●	●
	Cervical smear test (thin prep)	●		●	●	●
	HPV test	●		●	●	●
	Rubella antibodies blood test (if reproductive age)	●		●	●	●
	Breast examination	●		●	●	●
	Digital mammography (If clinically indicated, incurs extra cost)	●		●	●	●
Medical history	Medical history and lifestyle questionnaire	●	●	●	●	●

You will be able to tailor your health screen to include age and gender specific tests.

* For at-home medicals Well Woman tests available in-clinic as medical continuation appointment.

Sections	Medical Tests	reAssure I		reAssure II	reAssure III	reAssure IV
		In-clinic	At-home	In-clinic	In-clinic	In-clinic
Physiological	Hearing test			●	●	●
	Physical examination	●		●	●	●
	Doctor consultation	●	●	●	●	●
	Body mass index (BMI) calculation	●	●	●	●	●
	Waist to hip ratio	●	●	●	●	●
	Body fat percentage test	●		●	●	●
	Tissue hydration	●		●	●	●
	Blood pressure and pulse rate measurements	●	●	●	●	●
	Q risk/Cardiovascular risk score	●	●	●	●	●
	Diabetes risk score	●	●	●	●	●
	Basic metabolic rate (BMR)	●	●	●	●	●
	Clinical mole check	●		●	●	●
	Body chemistry	PLAC (cardiac disease screening)				●
Full haematology plus ESR		●	●	●	●	●
Vitamin D		●	●	●	●	●
Serum glucose		●		●	●	●
Renal (kidney) function		●	●	●	●	●
Bone minerals		●		●	●	●
Gout		●	●	●	●	●
Protein levels and liver function		●	●	●	●	●
Cholesterol plus fractions and ratios		●	●	●	●	●
Thyroid (TSH)		●	●	●	●	●
Serum iron		●		●	●	●
HbA1C diabetes test (more accurate than fasting glucose)		●	●	●	●	●
Urinalysis		●	●	●	●	●

You will be able to tailor your health screen to include age and gender specific tests.

Advanced screening tests

Our advanced screening offering covers a number of key health areas including:

- Bowel health
- Breast health
- Cardiovascular health
- Heart health
- Hereditary cancer risk
- Lifestyle health
- Liver health
- Lung health
- Ovarian health
- Prostate cancer
- Stress and adrenal health

Please do not hesitate to ask your screening doctor about these tests at your appointment. Your doctor will provide you with further information and literature about advanced screening.





OUR LONDON LOCATIONS

58 New Broad Street, London , EC2M 1JJ

148 Tooley Street, London, SE1 2TU

Baker Street, Unit 53, 55 Baker Street

The Shard, St Thomas Street, London SE1 9BS

21 Garlick Hill, London, EC4V 2AU

2 Upper Bank Street, London, E14 5EE

347-352 Chiswick High Road

41 Welbeck Street, Marylebone W1G 8DU

Beaufort House, The Waterfront Business Park,
WD6 3BS

Victoria Station, Concourse, London, SW1V 1JT



OUR NATIONAL LOCATIONS

1. Birmingham
2. Chester
3. Wilmslow
4. Bristol
5. Leeds
6. Peterborough
7. Reading
8. Newcastle upon Tyne
9. Glasgow
10. Edinburgh
11. Southampton
12. Northampton
13. Cardiff
14. Milton Keynes



Our group

The Harley Street Clinic
The Lister Hospital
London Bridge Hospital
The Portland Hospital
The Princess Grace Hospital
The Wellington Hospital
The Christie Private Care
HCA UK at University College Hospital
HCA UK at The Wilmslow Hospital
Leaders in Oncology Care
Roodlane Medical
Blossoms Healthcare

T: 0345 437 0691 (option 2)

E: appointments@hcaprimarycare.co.uk

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